

Its Health Promoting

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What we change

How we change

- Course content
- Means of teaching

- Meanings of teaching and learning

There is more going on than the actions we plan around.

This 'back'ground silently influences the way(s) in which we interact with each other and with society at large.

Technology catalyzes change not only in what we teach, but how we teach, how we relate (or not), how we think, and in who we are.





Every life is sacred
seen on mt. of local country

Infidelity accepted cause for killing in this culture

110% 63,000! 10% more taxes!!
construct trust! Voluntary

law - believe it's a good
* law - do what's required to avoid punishment/correction
- fear of social rejection
- social recognition
Moral self gratification
? duty obligation
* morals by guilt



IT's Health Promoting

Applications of IT in the context of
AUT's Bachelor of Health Science in Health Promotion

- The medium is the message
- Softening the walls of the ivory tower
- Constructing knowledge



The medium is the message

Marshall MacLuhan

Challenge: to prepare graduates for futures in a world very different to our past.

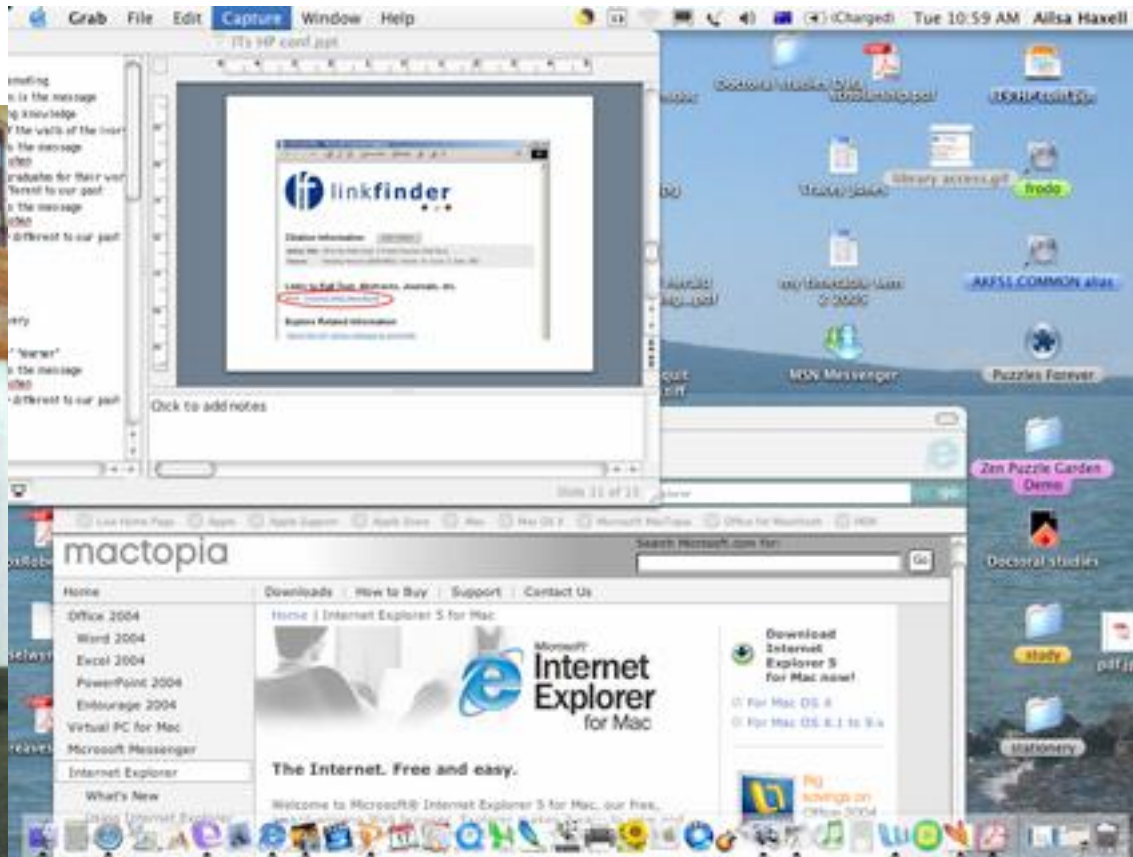


The ‘message’ being the change of scale, or pace, that innovation brings rather than its content or use. These changes are both inter and intra personal; How we relate as well as how we think... challenges traditional teaching and learning concepts.

*The past is a foreign country
they do things differently
there*



*The past is a foreign country
they do things differently
there*



there

The medium is the message *a brave new world?*

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The New Zealand Herald

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Monday September 12, 2005

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Election 2005

Txt 2 hlp u quit smoking trial

04.01.2003

By ALISON HORWOOD

Smokers who did not make quitting part of their New Year resolutions have been given another chance with an innovative mobile phone programme on trial by Auckland University researchers.

The Stomp programme will test whether text messaging services can help people who want to stop smoking.

Dr Anthony Rodgers, director of the university's clinical trials research unit, said Stomp (Stop Smoking with Mobile Phones Trial) has been developed for 18 to 35-year-olds who have the highest smoking rates but the lowest uptake on quit programmes.

"It's a bit of a wacky idea," he said. "But we see it as chewing gum for your fingers. Instead of picking up a cigarette, you can pick up your mobile phone."

Participants, who must own a Vodafone phone and be aged 16 or over, are given a quit-date to work towards and at the end of the month-long programme are monitored for six months. During that time their saliva is testing for nicotine levels.

On the programme they receive supportive and motivational text messages, personalised messages as a distraction or can contact other people for support.

The participants receive a month's free text messaging.

Dr Rodgers said that young people are less concerned with long-term health issues and more focused on issues such as weight gain when they stop. Some of the personalised messages have been devised by a nutritionist and include tips for healthy eating.

Others may be as easy as sports trivia such as Jonah Lomu's test scores to act as pure distraction.

- News
- National News
- World News
- Business
- Sport
- Technology & Science
- Opinion
- Money
- Motoring
- Property
- Employment
- Weather

THE PR ROOM

Lifestyle & Leisure

- TV Music & Film
- Food & Wine
- Fashion & Beauty
- Arts & Literature
- Health & Fitness
- Travel
- Games
- Sudoku
- Crosswords
- Horoscopes
- Ringtones & bit

Site Explorer

Ad Listings

Reader Services

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- Spon sorships
- Reader Panel
- Feedback

info
Local
• New
More

- Txt 2 hlp u...

BBC NEWS UK EDITION

Last Update: Wednesday, 10 November, 2004, 00:09 GMT

E-mail this to a friend | Printable version

Teenagers to get safe sex texts

Teenagers are being offered a safe sex text messaging service in an attempt to cut pregnancies and sexually transmitted infections.

The charity Brook hopes the service will provide vital sexual health information to more young people than is currently possible.

Infections, contraception and counselling are among the topics covered by the information service.

Figures indicate one in 10 young people has already had sex by the age of 14.

Statistics also suggest about 10% of UK adults have had a sexually transmitted infection.

Overall, 706,063 people in England, Wales and Northern Ireland were diagnosed with an STI in 2003.

Teenage pregnancies

By texting BROOK HELP to 81222, users will receive a menu of options, giving them access to automated information on key sexual health topics, including STIs, contraception and counselling, or details of their nearest young people's sexual health service.

Jan Barlow, chief executive of Brook, said: "Our new texting

Information will be sent directly to teenagers' phones

SEE ALSO
Promp
14 Oct C
Q&A: Te
confide
21 Jul D

RELATED
STI quit

RELATED
Family F
Brook
Health F
The BBC
content s

TOP HEA
Concern
Mental J
NHS het
Vasector
RES

It's time for a guarantee that every young person will receive comprehensive sex

- Txt 4 Eqt
- Txt 2 b safe...

Softening the walls of the ivory tower

Classroom
boundaries
are malleable

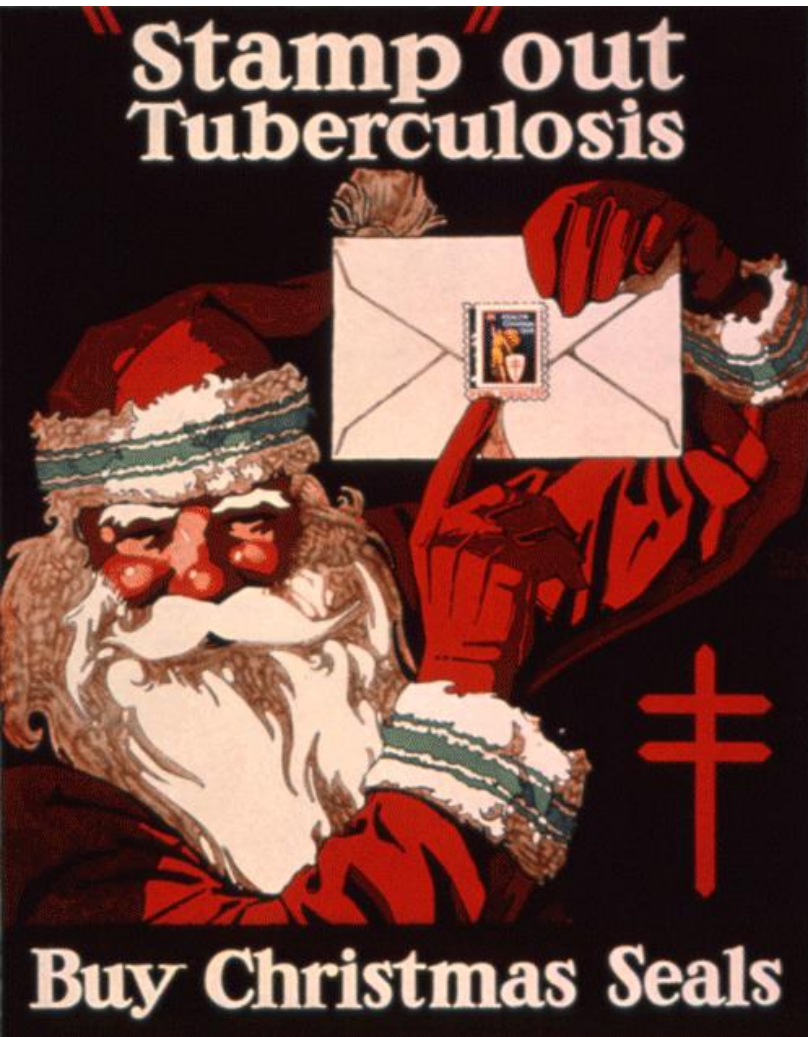
LTSA

6195 LTS Intersections BB_FA_11/02/2003 4:54 PM Page 1



Space becomes
a dimension
we can
manipulate

Softening the walls of the ivory tower



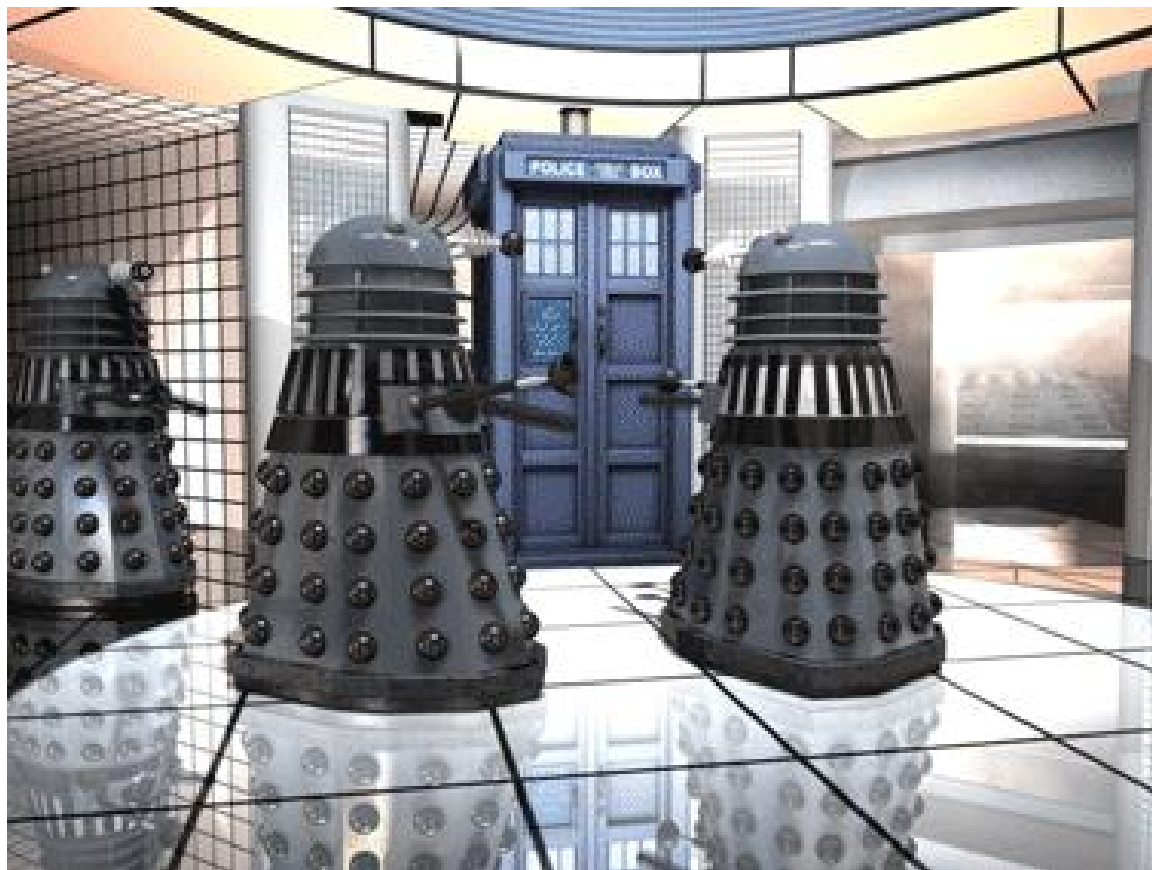
What's new is the ease of integration.

Technology extending the human capacities:

TV brought others to our living rooms,

IT is shifting our living (and working) space.

Time and relative dimension in space...



Softening the walls of the ivory tower

Grab File Edit Capture Window Help

VIDe

http://demo.vide.co.nz/

Case List | Reports | My Details | Help | Sign Out

My Cases

Cases which you have been invited to participate in are listed below. Please click the appropriate case below to begin or continue your analysis.

Include Closed Cases Include Completed Cases

Case # 74: It is proposed that fertility treatment will be offered
This case is awaiting your analysis

Patient: [Alan and Karen](#) Category: Research, Ministry referral
Started: 25 Feb 2005 Closes: 5 Mar 2006
Administrator: Bloggs [Access Case Notes](#) [View Live Alerts](#)

Case # 57: It is proposed that the folate supplement will be mandatory
This case is awaiting your analysis

Patient: [HP Test](#) Category: Health Promotion, Elective
Started: 20 Oct 2004 Closes: 20 Oct 2005
Administrator: rgodbold [Access Case Notes](#)

Case Notes

57, the folate supplement will be mandatory
Patient: HP Test (HP Test)

57, the folate supplement will be mandatory

Folate addition to all NZ made bread in order to reduce spina bifida in NZ births by appx 20 per annum...

See hyperlinks etc...

Welcome ahaxell (Team C)

Contain
Constrain
or
Construct thinking
With IT

<http://demo.vide.co.nz/>

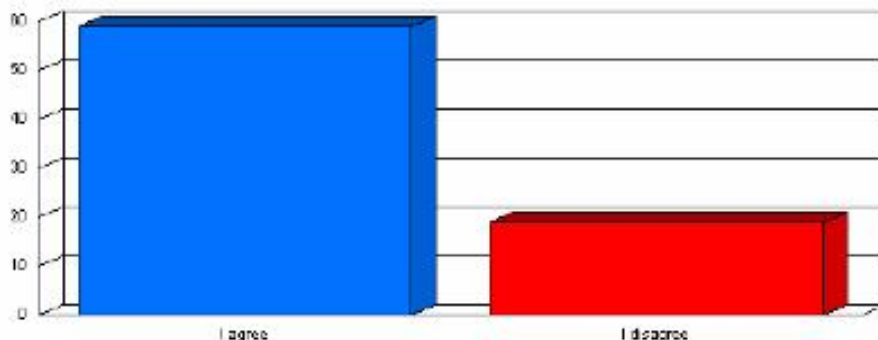
Softening the walls of the ivory tower

Agreement / disagreement with proposal report

13-Sep-05

Case # 83 Janine Smith JS8768692 It is proposed that: food and water will be withdrawn from the patient

Case status: Live Participants: Team Consultants, Team House officers, AUT Psychology, AUT Physiotherapy, AUT Podiatry, AUT Oral Health, AUT Applied Mental Health, AUT Health Promotion, AUT Paramedicine, AUT Health Care (non-clinical) From: 2-Apr-05 To: 11-Nov-05 Category: Ministry of Health, Ministry referral



Entering into discussion with self and with others, locally, nationally, internationally

I agree

Ailsa Haxell
Anna 313

Alice 272
Barbara Julian

Andrew 271
Benjamin 417



Constructing knowledge

- Building “planes in midair”
- Working in tomorrow
- Learning in doing

*The task of educating students (and ourselves)
to make knowledge and meaning,
to enact...*

Being (virtually) visible

HTML Introduction

(This tutorial is adapted from Dave Raggett's 'Basic HTML' tutorial, which can be found at <http://www.w3.org/MarkUp/Guide/Overview.html> on the World Wide Web Consortium website.)

In this tutorial we will cover the basics of setting up a web page, displaying images, creating links. The first thing to do is to open Notepad. This is what we write the code in. If it isn't on the desktop, then go START – ALL PROGRAMS - ACCESSORIES - NOTEPAD. Alternatively, within Internet Explorer you can right- mouse click anywhere within the page area and choose "View Source" which will open a Notepad window. Now we will cover the basic tags we need. These are:

<HTML>, <HEAD>, <TITLE>, <BODY>

These are the tags that constitute the skeleton of any webpage. HTML tags are always enclosed between these brackets: < >

In Notepad, type the following:

```
<HTML>
<HEAD>
<TITLE> page 1
</TITLE>
</HEAD>
<BODY>
This is my first web page
</BODY>
</HTML>
```

Now save this as an HTML file. GO to FILE in Notepad and click on "SAVE AS".

Select your H Drive.

In the FILE NAME window, type **index.htm**

The TITLE command inserts a title that will usually appear in the title bar of the browser. Terminated by </TITLE>. Be aware that this "title" will not show up on the body of your page, only in the very top bar of your browser window.

Constructing knowledge

Health Promotion

Kia Ora and Welcome

Health Promotion is about helping you look after yourself.

We know you are here for your studies but would like to support you in having healthy body, mind and spirit.

Health Promotion is about providing the conditions, environment and community where people can reach their chosen and actual potentials.

Having balance of body, mind and spirit, as well as a great social life, make for an enjoyable experience while you are here at AUT.

Our intent is to support you and to create community that improves quality of life.

Body

Mind

Spirit

CULTURE CITY : AUCKLAND

*āHe huihuinga taangata he pukenga whakaaro - A meeting of people, a wellspring of ideas
Maori proverb*



HOME

Asia NZ Lantern Festival 25, 26 and 27 February 2005. Albert Park



PROFILE



EVENTS

Auckland International Cultural Festival 06 March 2005. Potters Park



GALLERY



CONTACT

The Pasifika Festival 11, 12 March 2005. Western Springs



Enacting...



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Its Health Promoting

The medium is the message

*The medium is powerful, and the message is channeled through 'IT',
But on another level IT is also about how we change.*

Softening the walls of the ivory tower

IT is moving us

Constructing knowledge

*Knowledge is constructed of and by people, for the purposes of people.
In health promotion this has meant course construction; Both content and delivery; To enact change, with IT in mind*



Its Health Promoting

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